

Douglas Robbins

Author + Podcast Host

Douglas Robbins, a passionate writer and author, discovered the power of words at a young age. Fueled by a deep connection to language, he dedicated himself to writing and has authored five captivating books. In 2019, he unveiled his sci-fi novel "Narican: The Cloaked Deception," marking the beginning of an enthralling series that continues to captivate readers. Robbins's literary endeavors expanded further as he released "Love in a Dying Town" in 2021, a poignant tale exploring struggle, love, and commitment against a fading factory town backdrop.

In addition to his writing, Robbins is a multi-talented creator who also hosts a popular podcast called "Den and Discussion." Through this podcast, he engages in thought-provoking conversations with guests from various fields, delving into diverse topics and sharing insights with his dedicated audience. Robbins's creative pursuits showcase his unwavering passion for storytelling, as he continues to leave a lasting impact on readers and listeners alike. With his pen and podcast mic in hand, he invites audiences to embark on imaginative journeys and engage in meaningful discussions.

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Talking Points:

- Breaking Old Patterns to Heal & Expand
- Mental Health: How Healthy Is Your Mind?
- Nourish Your Mind: What Are You Feeding Your Brain?
- Spirituality As a Roadmap To Become Your Highest Self
- Community & Interdependence: Connection to Something Bigger Than You
- Finding Purpose & Living a Meaningful Life